

Saturday, May 4

10am-1pm

Casa Freehold: 4 Jackson St. Freehold

Female Inspired

celebrating

a day of women's health

self breast exam demos

blood drive

access to screenings

HPV vaccine education

COVID-19 vaccine access

cervical health information

mobile food pantry

healthy recipe demos

take home recipe kits

lead screenings

immigration support

menstrual health kits

A1C & blood pressure screenings

HPV vaccine education

music *sponsored by*
Memorial Sloan Kettering



Sábado 4 de mayo

10 a. m. a 1 p. m.

Casa Freehold: 4 Jackson St. Freehold

Inspiración Femenina

celebrando

un día de la salud de la mujer

demostraciones de
autoexamen de mamas

información de salud cervical

exámenes de plomo

donación de sangre

despensa de alimentos móvil

apoyo a la inmigración

acceso a proyecciones

demostraciones de recetas saludables

kits de salud menstrual

Exámenes de A1C

kits de recetas para llevar a casa

y

presión arterial

Educación sobre la vacuna
contra el VPH

Educación sobre la vacuna
contra el VPH

Acceso a la vacuna COVID-19

música patrocinada por
Memorial Sloan Kettering



FREE First Time Home Buyers Seminar

Click below to register:

<https://docs.google.com/forms/d/e/1FAIbQLSeiGJE8--beMEzxhkYCuqqdzz2Fn-ZQWN-ovZHP5IKCuXdDzg/viewform>

SIGN UP TODAY!!!!!!!

SATURDAY MAY 4, 2024

1PM—2:30PM

COURT STREET SCHOOL

EDUCATION COMMUNITY CENTER

140 COURT STREET

FREEHOLD, NJ 07728

CALL 732-682-5517 TO REGISTER

OR SCAN THE QR CODE



We Are The Future



presents.....

FREE IN-PERSON First Time Home Buyers Seminar



Some topics that will be discussed:

- *Working with a Lender*
 - *How much can you afford: The A.C.I.D. Test*
- *Working with a Realtor*
 - *Finding the right home for you*
- *What to expect after the purchase*
 - *Hint: You're the landlord*

All information will be provided by
a licensed real-estate agent and loan officer.

Breakfast Buffet IS BACK!

The Columbian Club of Freehold
home of the Knights of Columbus 1672

Invite the community to



Sunday, May 5
8 am to 11:30 am

Serving scrambled eggs, omelets, French toast,
pancakes, sausage, bacon, corned beef hash,
potatoes, toast, coffee and juice

Council Hall
70 East Main Street, Freehold

\$12 per adult, \$10 per child under age 10

Freehold Tenant Association

HOMELESSNESS PREVENTION CAMPAIGN



Attorney Claudio M. Stanziola, Esq.

**Truth in Renting:
A Conversation on Landlord-Tenant Law**

May 10

6:00-7:30pm

Court Street School

**140 Court St.
Freehold**



Dr. Paola Marin-Rivera, Psy.D

**Identifying Domestic Violence:
Challenges and Barriers in Housing**

May 17th

6:00-7:30pm

CARC

**86 South St.
Freehold**

HYBRID SESSIONS (in-person and via zoom)

For more info or to request zoom link contact 732-547-7274

OR JOIN WhatsApp [private group click here](#) or scan ->



Asociación de Inquilinos en Freehold

CAMPAÑA DERECHO A SU TECHO



Abogado Claudio M. Stanziola, Esq.

**Veracidad en los Alquileres:
Charla sobre ley de propietarios e
inquilinos**

10 de mayo

6:00-7:30pm

**Court Street School
140 Court St.
Freehold**



Dra. Paola Marin-Rivera, Psy.D

**Identificando la violencia doméstica:
Desafíos y barreras en la vivienda**

17 de mayo

6:00-7:30pm

**CARC
86 South St.
Freehold**

SESSIONES HIBRIDAS (presenciales y por zoom)

Para mas info o pedir enlace de zoom contacte 732-547-7274

O UNASE [al hacer click grupo privado](#) WhatsApp o escanee ->





From My Heart to Yours
in partnership with
The Freehold Borough Recreation Commission
and Mayor's Wellness Campaign
present
Wellness at Vinyard Park

Free health services, wellness talks, food and giveaways!!



Corner of Jackson & Center Streets
Freehold, NJ 07728

Saturday May 11th
11AM to 2PM

For more information please email
sduckenfield@freeholdboro.org
The venue is **ADA accessible**.



SEE YOU THERE

CSSECC PRESENTS
HARLEM FLIGHTS
ROARING 20'S

**PRE MOTHER'S DAY
BASH
FUNDRAISER**

Saturday May 11 2024
7pm-12am

Tickets \$50.00

Freehold Twsp Firehouse
30 Siloam Rd. Freehold NJ

For tickets call:
732-500-1091 or 908-670-8398



DONATE BLOOD



SAVE A LIFE

Wednesday, May 15, 2024
from 10a-3p

Room 114 at 1 Municipal Plaza in Freehold Township



Scan QR Code to register
or visit RedCrossBlood.org

**CALL 732-294-2089 OR EMAIL
CMOOR@TWP.FREEHOLD.NJ.US FOR MORE INFO**



**American
Red Cross**



FREEHOLD AREA HEALTH DEPARTMENT
Working Hard to Keep You Healthy

Free Skin Cancer Screening



Skin cancer is the most common type of cancer in the U.S. Wearing sun screen is one easy way you can help reduce your risk. Getting an annual skin check is another simple step you can take to detect skin cancer at its earliest and most treatable stages. A skin cancer screening is a non-invasive exam that is quick, but vitally important. When caught early, skin cancer has a cure rate of 99 percent.

In general, you should start getting screened for skin cancer in your 20s or 30s. However, if you're in the sun a lot, have a family history of skin cancer, or have moles, you should be checked sooner.

*This screening should not replace an annual full body exam.

REGISTER TODAY!

Call or visit our website to register for a free screening. A physician will do a visual, non-invasive exam of suspicious lesions or moles that you are concerned about and make recommendations based on your medical history.

**Sunday, May 19 | 9-11 am
By Appointment**

 **732-308-0570**

 **centrastate.com/events**

**Star and Barry Tobias Ambulatory Campus
Ocean First Rehabilitation Center
901 West Main St., Freehold, NJ 07728**



**CentraState
Healthcare System®**

ATLANTIC HEALTH SYSTEM PARTNER

centrastate.com

Memorial Day Bike Brigade

The Freehold Borough Recreation Commission invites all bike riders, from 6-76 years old, to show your patriotic pride by decorating your bike in red, white and blue and joining our

Memorial Day Bike Brigade on Monday, May 27, 2024.

***All riders must wear helmets.**

***Children under 12 should be accompanied by an adult.**

***Riders will meet on Brinckerhoff Avenue and West Main Street
at 9:00 a.m.**

***Bring your own water and sunscreen**



If there are questions,

contact Lynn Reich, (732) 462-3357

Brigada de Bicicletas del Día de los Caídos

La Comisión de Recreación del Municipio de Freehold invita a todos los ciclistas, de 6 a 76 años, para mostrar su orgullo patriótico decorando tu bici de rojo, blanco y azul y uniéndote a nuestro

Brigada de Bicicletas del Día de los Caídos el Lunes 27 de Mayo de 2024.

***Todos los ciclistas deben usar cascos.**

***Los niños menores de 12 años deben estar acompañados por un adulto.**

***Los ciclistas se reunirán en Brinckerhoff Avenue y West Main Street a las 9:00 a. m.**



si tiene preguntas

contacte a Lynn Reich, (732) 462-3357

**MONMOUTH COUNTY
DIVERSITY ALLIANCE, INC.**

presents

JUNETEENTH *Celebration*

Sunday • June 9, 2024 • 12 - 4pm

**MAIN STREET DOWNTOWN
FREEHOLD BORO**

Between Court St. and Throckmorton

**FOOD • MUSIC
VENDORS
LIVE ENTERTAINMENT!**

www.mcdiversityalliance.com



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for Vendor Registration

Monmouth County Diversity Alliance
in partnership with



BOYS BASKETBALL - CENTRAL JERSEY GROUP 3 CHAMPIONS

FREEHOLD BASKETBALL CAMP



UNDER THE DIRECTION OF

COACH **BEN DIBIASE**

SHORE CONF COACH OF THE YEAR
2023-2024 CJ GROUP 3 CHAMPION
A COASTAL COACH OF THE YEAR

BDIBIASE@FRHSD.COM
(609) 947-1054

REGISTER NOW

JULY 22 - 25

6:00-8:00 PM **\$175**

JULY 29 - AUG 1

6:00-8:00 PM **\$175**

BOYS & GIRLS

Grades 3-8

Both Sessions for 1 Child: \$300

Sibling Discount: \$50

- Players grouped by age and skill
- Focus on fun and fundamentals
- Individual Skills + Team Concepts
- Small Sided Team Games

CAMPS TO BE HELD AT - 2 ROBERTSVILLE ROAD, FREEHOLD

FREEHOLD HIGH SCHOOL

Camper Name: _____ T-Shirt Size (Adult): S M L XL XXL

Fall '24 Grade: _____ Emergency Phone: _____

E-Mail: _____

Full Mailing Address: _____

Checks Payable to Camp Director "Ben DiBiase"

58 Glendale Drive, Freehold 07728

VENMO: @BENDIBIASE

Include Camper Name & Grade in Memo

Regardless of payment method: ALL REGISTRANTS NEED TO MAIL IN FORM

Waiver: I hereby certify that the applicant is in good physical condition to take part in the basketball camp. If medical attention is required for illness or injury while attending the camp, I give my permission for such care and I certify that the applicant is covered by our medical insurance. Warrior Basketball Camp Directors and Staff are not responsible for payment of medical fees caused by injury incurred while participating in the Warrior Basketball Camp. By signing below, I grant the camp the right and permission with respect to the photographs/video that may be taken of my child(ren) or which may be included with others. The camp withholds the ability to use, re-use, and republish, in whole or in part, individually or in conjunction with other photo/video, in any medium and for any purpose whatsoever, including (but not always by limitation) illustration, promotion, advertising, and trade.

Parent/Guardian Signature/ Date: _____

Freehold Borough School District

Preschool Registration

Preschool Enrollment Requirements:

4-year-olds must be 4 on or before October 1st. 3-year-olds can apply for select spots and must be 3 by October 1st. SPACES ARE LIMITED. APPLICANTS MAY BE PLACED ON A WAITING LIST.



SCAN ME

Our Curriculum:

- Sparks curiosity
- Builds friendships
- Lays the foundation for lifelong learning



Scan QR
code for
more
information



Visit Our Website

www.freeholdboro.k12.nj.us



For More Information

732-761-2106

Distrito escolar de Freehold Borough

Inscripción preescolar

Requisitos de inscripción en Preescolar:

Los niños de 4 años deben cumplir 4 años el 1 de octubre o antes. Los niños de 3 años pueden solicitar determinadas plazas y deben tener 3 años cumplidos antes del 1 de octubre. LAS PLAZAS SON LIMITADAS. LOS SOLICITANTES PUEDEN INSCRIBIRSE EN UNA LISTA DE ESPERA.

Escanee el
código QR
para más
información



ESCANEARME

Nuestro plan de estudios:

- Despierta la curiosidad
- Crea amistades
- Sienta las bases del aprendizaje permanente



Visite nuestro sitio web
www.freeholdboro.k12.nj.us



Para más información
732-761-2106

FREE SUBSTANCE USE AND MENTAL HEALTH TREATMENT SERVICES



The Freehold Area Health Department and High Focus Treatment Centers have partnered to provide a select number of opportunities for uninsured or underinsured residents of Freehold Township and Freehold Borough to access substance use disorder (SUD) and mental health treatment services at no cost. Programs include:

- Mental health, co-occurring, and substance disorder treatment
- Partial care and intensive outpatient treatment (3-5 days per week)
- Ages: Adolescents (10-17) and Adults

To learn more or to find out if you qualify, please contact David Cevallos, High Focus Community Liaison, at 201-407-8478 or dcevallos@highfocuscenters.com



SERVICIOS GRATUITOS DE TRATAMIENTO DE SALUD MENTAL Y CONSUMO DE SUSTANCIAS



El Departamento de Salud del Área de Freehold y los Centros de Tratamiento High Focus se han asociado para brindar una cantidad selecta de oportunidades para que los residentes sin seguro médico o con seguro médico insuficiente de Freehold Township y Freehold Borough accedan a servicios de tratamiento de salud mental y trastornos por consumo de sustancias (TCS) sin costo alguno. Los programas incluyen:

- Tratamiento de salud mental, concurrentes, y de trastorno por consumo de sustancias
- Atención parcial y tratamiento ambulatorio intensivo (3-5 días por semana)
- Edades: Adolescentes (10-17) y Adultos

Para obtener más información o saber si califica, comuníquese con David Cevallos, trabajador de enlace comunitario de High Focus, al 201-407-8478 o dcevallos@highfocuscenters.com





MONMOUTH COUNTY WELLNESS TRANSPORTATION

PURPOSE

Monmouth County has partnered with EZ Ride to provide essential transportation services for residents who may face challenges accessing necessary wellness resources.

The program was designed to support Monmouth County residents by providing transportation services for essential needs such as doctor's appointments, pharmacy visits, health department events, and access to food shopping and pantries.



Need Help? Call for an assessment of your individual needs: 732-431-7448

Monmouth County Board of County Commissioners

Thomas A. Arnone, Director

Ross F. Licitra, Deputy Director

Susan M. Kiley

Nick DiRocco

Erik Anderson

GUIDELINES

- ✓ **MUST** have a working cell phone
- ✓ Each person will be allowed to make two round trip rides a week pending approval of need
- ✓ Rides are limited to the resident and one additional person
- ✓ If children require a car seat/booster seat, it is the parent/guardian's responsibility
- ✓ Must be able to get in and out of the vehicle with gentle assistance (no wheelchairs)



732-431-7448



MCTransportCoordinator@co.monmouth.nj.us



TRANSPORTE PARA SERVICIOS DE BIENESTAR DEL CONDADO DE MONMOUTH [MONMOUTH COUNTY WELLNESS TRANSPORTATION]

OBJETIVO

El condado de Monmouth se ha asociado con EZ Ride para brindar servicios de transporte esenciales para los residentes que pueden enfrentar dificultades para acceder a los recursos de bienestar necesarios.

El programa fue diseñado para apoyar a los residentes del condado de Monmouth brindándoles servicios de transporte para necesidades esenciales, como citas médicas, visitas a farmacias, eventos del departamento de salud y acceso a despensas y compras de alimentos.



¿Necesita ayuda? Llame para obtener una evaluación de sus necesidades individuales: 732-431-7448

Junta de Comisionados del Condado de Monmouth

Thomas A. Arnone, Director
Ross F. Licitra, Director Adjunto
Susan M. Kiley
Nick DiRocco
Erik Anderson

PAUTAS

- ✓ **DEBE** tener un teléfono celular que funcione
- ✓ A cada persona se le permitirá realizar dos viajes de ida y vuelta por semana dependiendo de la aprobación de la necesidad
- ✓ Los viajes están limitados al residente y a una persona adicional
- ✓ Si los niños necesitan un asiento de seguridad/asiento elevado, es responsabilidad del padre/tutor
- ✓ Debe poder entrar y salir del vehículo con un poco de ayuda (sin sillas de ruedas)



732-431-7448



MCTransportCoordinator@co.monmouth.nj.us

Freehold Borough
Human Relations Advisory Committee



All Are
Welcome
Here!



IN FREEHOLD BOROUGH
WE BELIEVE IN

HOPE

PEACE

KINDNESS

LOVE

JUSTICE

EQUALITY

\$15
Includes
Stand

Get your
We Believe in
Freehold Borough
Garden Flag
Today!

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HRAC Member!

See a Committe Member
or Email to purchase:
hrc@freeholdboro.org