

Borough of Freehold—Mayor's Wellness Challenge—Summer 2021



Let's get moving—Tons of Fun—Lose your "COVID-19" or more...

MAYOR'S WELLNESS CAMPAIGN: Ready to get back outside? Ready to have fun with family, friends and neighbors? Ready to shed that "COVID 19" you accumulated over the last year? The Mayors Wellness Campaign is bringing "A Ton of Fun" to Freehold Borough this summer and is challenging Freehold Borough residents to shed 2,000 lbs. while having a "Ton of Fun". The Committee has organized daily wellness events appropriate for

kids, adults and seniors, there is something for everyone! Yoga in the Park, Walk About Town, Healthy Recipes w/ Demonstrations, Book Club, Bike Around Town and Run with the Mayor. These events will be offered Monday through Saturday along with some special monthly events. You can choose to join one or all of the experiences. The array of activities will help you get back into your wellness routine or jumpstart you taking care of you, which includes your body, mind and spirit. The "Summer Ton of Fun" will begin July 1st and run through September 4th. Please follow us on Facebook at facebook.com/Borough-of-Freehold or check the website at www.freeholdboroughnj.gov for a complete schedule and event updates.

RBSIDE BRUSH & LEAF COLLECTION: Curbside brush collection will take place in the Borough during the month of July. Brush must be cut into lengths of 4 ft. or less for pickup. Curbside leaf collection will also take place during July. Leaves may be placed in neat piles at the curb, or they may be placed in clear plastic bags for collection. Please note that the brush and leaves must be placed at the curb in separate piles for collection

OLDE FREEHOLD DAY: Once again, the popular Olde Freehold Day will return to Lake Topanemus on Saturday, August 14th from noon to 5:00 p.m. Featured events include boating on the lake, a Kidz Zone, contests, games and crafts, live music, food vendors and more. Admission is free.

Pool Fills: Residents are reminded to contact the Water Dept. (732 462-1410) to schedule a meter reading before filling a swimming pool containing 6,000 gallons or more of water. The fee for the reading is \$25.00, and a credit will be issued for the water which did not enter the sewer system.

Fireworks: The Independence Day fireworks display at the racetrack has been cancelled this year due to the recent pandemic.