



VACCINES & Veggies

Oct. 28, 2023
10:30 am - 1pm

**FREEHOLD FAMILY
HEALTH CENTER**
597 Park Ave, Freehold

COMMUNITY HEALTH RESOURCE FAIR

FREE SERVICES OFFERED

FREE FLU VACCINES FOR AGES 18+
(REGULAR AND SENIOR)

FREE UPDATED COVID-19 VACCINES*
*ONLY available to those who do not have
health insurance, or those whose health
insurance will not cover the cost
of the vaccine (ages 19+)

**CANCER EDUCATION AND
SCREENINGS**

**LEAD-SAFE HOME EDUCATION/
YOUTH BLOOD-LEAD LEVEL
SCREENINGS**

**ACCESS TO HEALTHCARE &
RESOURCES FOR YOU AND
YOUR FAMILY**

a collaboration of:



COMMUNITY HEALTH CENTER
Waiting Nurse Association of Central Jersey



**CentraState
Healthcare System***
ATLANTIC HEALTH SYSTEM PARTNER

**Inclusive Healthy
Communities**
NJ Division of Disability Services



OCEAN MONMOUTH



HEALTH ALLIANCE



FREEHOLD AREA HEALTH DEPARTMENT
Working Hard to Keep You Healthy



**NEIGHBORHOOD
CONNECTIONS
TO HEALTH**

RUTGERS
Robert Wood Johnson
Medical School

moceans
Center for Independent Living Inc.



RAIN OR SHINE!

**ACTIVITIES
FOR FAMILIES**

**POP UP
FARMERS MARKET**
(open at 11am -
bring your own bag)

**RAFFLE
PRIZES**

**This is a
disability-inclusive
event**

*Please reach out to us
and let us know
how we can support
your attendance*

Contact Jenna Sistad with questions:
jenna.sistad@vnahg.org or 732.589.0259

This initiative was funded in part by an Inclusive Healthy Communities Grant from the Division of Disability Services, New Jersey Department of Human Services.



VACUNAS & Verduras

Oct. 28, 2023
10:30 am - 1pm

**FREEHOLD FAMILY
HEALTH CENTER**
597 Park Ave, Freehold

FERIA DE RECURSOS DE SALUD COMUNITARIA

SERVICIOS GRATUITOS OFRECIDOS

**VACUNAS GRATUITAS CONTRA LA GRIPE PARA
MAYORES DE 18 AÑOS** (REGULAR Y MAYORES)

VACUNAS COVID-19 ACTUALIZADAS GRATIS*
*SÓLO disponible para quienes no tienen seguro médico
o aquellos cuyo seguro médico no cubrirá el costo
de la vacuna (mayores de 19 años)

**EDUCACIÓN Y EXÁMENES
SOBRE EL CÁNCER**

**EDUCACIÓN DE HOGARES
SIN PLOMO**

**ACCEDA A LA ATENCIÓN
MÉDICA Y A LOS RECURSOS
DE TP PARA USTED
Y SU FAMILIA**

una colaboración de:



COMMUNITY HEALTH CENTER
Visiting Nurse Association of Central Jersey



**CentraState
Healthcare System**
ATLANTIC HEALTH SYSTEM PARTNER

Inclusive Healthy
Communities
NJ Division of Disability Services



OCEAN MONMOUTH HEALTH ALLIANCE



FREEHOLD AREA HEALTH DEPARTMENT
Working Hard to Keep You Healthy



**NEIGHBORHOOD
CONNECTIONS
TO HEALTH**

RUTGERS
Robert Wood Johnson
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moceans
Center for Independent Living Inc.



**Esta es un
evento que incluye
a personas con
discapacidad**

*Comuníquese con
nosotros y háganos
saber cómo podemos
acomodar su
asistencia.*

Contacte a Jenna Sistas si tiene preguntas:
jenna.sistas@vnahg.org o al 732.589.0259

Esta iniciativa fue financiada en parte por una Subvención de Comunidades Saludables Inclusivas de la División de Servicios para Discapacitados, Departamento de Servicios Humanos de Nueva Jersey.



**If you don't properly
dispose of the unneeded
medications in your home,
they might find a new one.**

Visit **DEATakeBack.com** for
a collection site near you.

Freehold Borough collection site:

***36 Jackson Street
October 28, 2023
10am - 2pm***

***contact info:
732-462-1233***



Unneeded prescription medication—those that are old, unwanted, or no longer needed – are a public safety issue, too often becoming a gateway to addiction.

The majority of opioid addictions start with prescription pills found in medicine cabinets at home.

Pharmaceutical drugs can be just as dangerous as street drugs when taken without a prescription or a doctor's supervision.

A majority of people who misuse a prescription medication obtained the medicine from a family member or friend.

DEA's National Prescription Drug Take Back Day events are one way to dispose of unneeded medications.

Beyond Take Back Day, there are opportunities to regularly and safely dispose of unneeded medications at pharmacies, hospitals, police departments, and businesses working to clean out medicine cabinets throughout the year.

For more information on prescription drug abuse, go to:

- www.DEA.gov
- www.GetSmartAboutDrugs.com
- www.JustThinkTwice.com



Campaña nacional de recolección de medicamentos recetados

**Si no dispone apropiadamente
de los medicamentos que ya no necesita
y aún tiene en su casa,
podrían encontrar un nuevo hogar.**

Visite **DEATakeBack.com** y
encuentre un sitio de recolección de
medicamentos cerca de usted.

***Sitio de recolección de Freehold
Borough:***

***Calle Jackson 36
28 de octubre de 2023
10 a. m. - 2 p. m.***

***Datos de contacto:
732-462-1233***



Campaña nacional de recolección de medicamentos recetados

Los medicamentos recetados que no son necesarios –porque son viejos o ya no se desean o necesitan– son un problema de salud pública y con frecuencia se convierten en una vía de acceso a la adicción.

La mayoría de las adicciones a los opioides comienzan con píldoras recetadas que están en el botiquín del baño.

Los fármacos recetados pueden ser tan peligrosos como las drogas de la calle si se toman sin receta o sin la supervisión de un médico.

La mayoría de las personas que usaron un medicamento recetado en forma indebida lo obtuvieron de un familiar o un amigo.

Los eventos del Día Nacional de Recolección de Medicamentos Recetados de la DEA son una forma de deshacerse de medicamentos

innecesarios.

Además del Día Nacional de Recolección, hay oportunidades durante todo el año de deshacerse regularmente y en forma segura de medicamentos que ya no son necesarios: en farmacias, hospitales, delegaciones de policía y empresas que trabajan en la limpieza de botiquines medicinales.

Para obtener más información sobre el abuso de medicamentos recetados, visite:

- www.DEA.gov
- www.GetSmartAboutDrugs.com
- www.JustThinkTwice.com

E-Cigarette & Vaping devices Disposal



DEA National Take Back Day Vape Collection Guidance:

- DEA will collect vape pens or other e-cigarette devices from individual consumers **only** after the batteries are removed from the devices. It is important to stress that the DEA is not responsible for removing the batteries from the devices.
- If the battery cannot be removed, individual consumers can check with large electronic chain stores who may accept the vape pen or e-cigarette devices for proper disposal.
- Individual consumers may also contact their local Hazardous Materials Management Facility to determine if they accept these devices, and for additional guidance regarding proper disposal.

INTRODUCTION TO COMPUTERS AND INFORMATION TECHNOLOGY

Date :October 29th
Time : 11:45AM

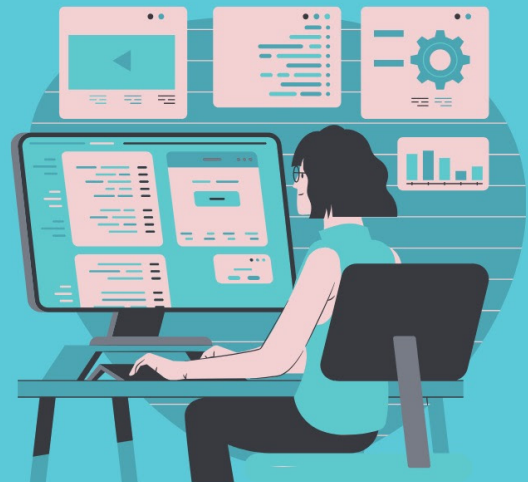
Location: Casa Freehold,
4 Jackson Street,
Freehold, NJ

**WHO CAN ATTEND ?
GRADE 7 & 8**

**LIMITED
SPOTS!**

**FREE
CLASS**

Scan the QR code to
Register.



May be an image of 6 people and text that says
'HALLOWEEN SPOOKTACULAR Costume Parade'

SUNDAY OCTOBER 29TH

***JUDGING STARTS PROMPTLY AT NOON AND PARADE STEPS OFF AT
12:45.

ALL COSTUME CONTEST CONTESTANTS NEED TO CHECK-IN AT 12:00 PM!

The annual costume parade and contest concludes the Spooktacular
activities for the year.

It is the Grand Finale.

Starting from the Racetrack parking lot off of Manalapan Ave, costumed
revelers of all ages march through the town of Freehold. There will be a
variety of marching bands from the high schools in the Freehold Regional
High School District. So many fun things to see. Line up along Main Street
to view the parade. It concludes at the Hall of Records, where trophies
will be given out to the winners of the costume parade.

www.freeholdspooktacular.com

★ ★ ★

VETERANS OF THE REVOLUTION

WALKING/DRIVING TOUR

NOVEMBER 11TH ★ 12 NOON @ THE MONUMENT

FREE PARKING IS AVAILABLE IN THE LOT BEHIND 1 & 3 BROAD STREET AND ON COURT STREET

JOIN US ON VETERANS DAY AS WE VISIT PLACES THAT PLAYED A CRITICAL ROLE IN THE
AMERICAN REVOLUTION AND PAY TRIBUTE TO THE LOCAL PATRIOTS WHO FOUGHT IN IT.

WE WILL MEET AT THE BATTLE MONUMENT, AND THEN VISIT THE MCHA MUSEUM. NEXT, WE WILL
WALK OVER TO ST. PETER'S CHURCH AND THEN DRIVE TO OLD TENNENT TO TOUR THE CHURCH
AND THE CEMETERY.

YOUR GUIDES: BRIANNE VAN VORST, NOLAN HIGGINS, KEVIN COYNE

**BRING GOOD SHOES & YOUR CAR -
WE ARE BOTH WALKING & DRIVING!**



Sponsored by the Freehold Borough Historic Preservation Commission

PLEASE DO NOT REPLY TO THIS EMAIL