A MESSAGE FROM THE FEEEHOLDD FIRST AID & EMERGENCY SQUAD:

If you are having symptoms or think you have COVID-19, call your doctor first. If you have cold and flu symptoms, you probably don't need to go to the hospital or doctor's office. Take advantage of your insurance company's telehealth visits if they provide them. Most cases are mild and can't be treated any better at the hospital than at home. Save hospital beds for people who need them.

Call 9-1-1 for emergencies! If you or someone in your house is having difficulty breathing, chest pain, altered level of consciousness, or any other life-threatening emergency, call 9-1-1. Whether the cause is coronavirus or something else, we will be there to help.